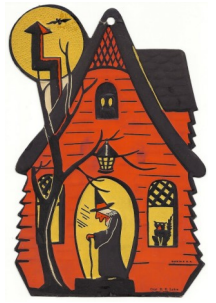
























# October 2018 Lunch



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Spaghetti Veggies and Fruit</i> 	2 <i>Chicken Bites Veg. Fried Rice Sweet and Sour Sauce Soy Sauce</i>	3 <i>Fajitas Veggies and Fruit</i> 	4 <i>Chicken Fried Steak Mashed Potatoes Fruit</i> 	5 <i>Chicken Legs and Waffles Veggies and Fruit</i> 	6
7 <b>Sacred Heart Catholic School Mission Statement</b> Sacred Heart Catholic School is committed to educating the heart, mind, and soul, of its students and faculty. We will provide academic excellence with guidance from the Holy Spirit as we strive to create a Christ filled environment. We will serve God in our community our country and our world.	8 <i>Chicken Fettuccine Veggies and Fruit</i> 	9 <i>Grilled Cheese Tomato Soup Fruit</i> 	10 <i>Chicken Quesadillas Rice Veggies and Fruit</i> 	11 <i>Pepperoni Cheese Bake Veggies and Fruit</i>	12 <i>Grilled Chicken Sandwiches Veggies and Fruit</i> 	13
	15 <i>Breakfast Cereal Yogurt Strawberries and Blueberries</i> 	16 <i>Frito Chili Pie Veggies and Fruit</i> 	17 <i>Hamburger Veggies and Fruit</i> 	<h1>No School</h1>		20
	22 <i>Pizza Veggies and Fruit</i> 	23 <i>Tacos Rice Veggies and Fruit</i> 	24 <i>Corn Dogs Veggies and Fruit</i> 	25 <i>Chicken Strips Mashed Potatoes Fruit</i> 	26 <i>Hot Ham and Cheese Veggies and Fruit</i> 	27
28	29 <i>Mac and Cheese L'il Smokies Veggies and Fruit</i> 	30 <i>Chicken and Noodles Crackers Veggies and Fruit</i>	31 <i>Ghost Bananas Green Eggs Orange Pancakes Bacon</i> 	<i>Nachos</i> 	<i>Potato Soup</i> 	

Baked and Whole Grain Choices will be used when available. Milk and Salad Served Daily!